

Prayer for Social justice, Peace and Harmony

1

Lord Jesus, we thank you for your gift of peace. We thank you for the great sacrifice you made to make peace between God and Humanity. It was Peace that you greeted the disciples with after your resurrection and peace was your parting gift to them before your ascension.

You taught us to love others as we love ourselves because it is through this that we can experience peace and harmony. But within every person, between persons and in the world at large there are conflicts, hostilities and even war. Every difference based on gender, age, colour, political affinity, caste, religion, region, nationality becomes a reason for fight among us.

We come to you with our brokenness brining along the shattered world of ours. May every person on earth realise that we are children of one God and learn to live in peace and harmony. Fill our hearts with the gift of your peace so that all the walls we make based on our negative focus on diversity may turn into bridges based on understanding and appreciation of differences. Help us, Jesus, to learn that development and true happiness can come only through peace that comes from equality and justice. We ask you to fill the heart of everyone with the peace that flows from your Sacred Heart so that every source of violence and discrimination is uprooted to rebuild a society, in harmony with whole creation. May your Holy Spirit of unity bind us together in love and peace making this world a better place for everyone. Mother Mary, the queen of peace, pray for us. Amen.

Sr. Philo George SSpS

2

God my Savior, gentle and humble of heart, I kneel before you to keep my eyes on you and welcome you in my heart. When I was small, I thought like a child that all over the world there is love, joy and unity. As I grew, I realized that in many countries, states, villages, cultures and families there is war, violence, problems and misunderstandings. God, our merciful Father, have mercy on us. We forgot to keep our gaze on you and failed to follow your words. Father, we became the self-centered persons who take least care for our suffering neighbors. Abba, increase our awareness that when our life is centered on Christ, we can be in peace and harmony, and let the same peace flow into the lives of others. Break our hearts and repair us o Lord, that we may uphold the values of peace, integrity and harmony in all our undertakings.

Sr. Nuru Marak SSpS

3

God of love and mercy, I pray for peace and harmony in our world. Dear Lord enlighten us with your spirit of loving and caring for others, instill in us the value of generosity that we too may become the comforters to lessen the burden of the people who are suffering and struggling due to various reasons in their life. May the good Lord give us the grace to accept and respect all people as brothers and sisters and extend our helping hands for the well-being of the poor and the oppressed. Lord make us instrument of your peace and harmony so that we may bring your love, forgiveness, faith, hope, light, courage and joy in our community, family and the world.

Sr. Romula Minz SSpS

Lord our loving Father, we pray for peace and harmony in our hearts, country and in our world at large. The world is in the turmoil with people destroying the earth and your creation in violent ways. O God, we earnestly pray for peace wherever we live and work. We pray for the personal power to be gentle, the strength to be forgiving, the patience to be understanding, the compassion to be loving and the endurance to accept all people with their uniqueness and differences. May we put our trust in your great power O God, who teaches to overcome the evil with goodness, and the hatred with love.

We pray for the vision and faith to believe in a country and in a world where fear shall no longer lead people to commit neither injustice, nor selfishness make them bring suffering to others. Help us to devote our whole life and energy to the task of bringing peace and harmony.

Lord, send your Holy Spirit upon each of us that we may make efforts to keep the unity of the Spirit through the bond of peace and concentrate on the things that move us toward concord and brotherhood.

O God, we deeply desire that we experience communion and harmony with each other against a world of prejudices and divisions. Bless and guide us that we may be always inspired and lead by the Spirit of wisdom, Knowledge and understanding. We pray that we may learn to accept the way of Lord for us and for others. Spirit of God, remain with us and help us to choose the right things at right time.

Sr. Jona SSpS

Jesus, breathe your spirit into our hearts that we may establish a global community of trust, fellowship and justice. A world where different races and cultures live in harmony and mutual respect. A world where peace is built with justice and justice is guided by love. Help us to eliminate cruelty to Humanity and creation. Give justice and peace to all those who have been cruelly and unfairly treated by their fellow being.

Amos 2: 25. Says Let justice rolls down like waters and righteousness like an ever-flowing stream. Grant us Lord God, a vision of your world as you would love to have. Lord God, look on with compassion upon all who live with injustice. Strengthen those who seek to establish equality through the law and equal opportunities for all. A world where the weak are protected and none go hungry or deprived of their due, ensure that all may enjoy a fair portion of the riches of the mother earth. Fill our hearts with the fire of your justice for all.

No one knows the depths of injustice better than you O God. You are the author of justice; you would rain down justice in the form of transformed Hearts, mindsets and reconciliation. Your truth and grace can change hardened hearts and confused minds. “To do justice to love kindness, to walk humbly with your God and act justly” (Micah 6:8). Your spirit may rule over all things, give us the inspiration and courage to follow your path. We believe that Justice begins and ends in you dear God. We make this prayer through Christ our Lord Amen.

Sr. Rosily Panjikkaran SSpS



Lord Jesus Christ you are the prince of peace. We are eagerly praying for peace and harmony, in different areas of life situations

1. Pray for peace and harmony in the world

There is suffering in the world due to injustice and enmity between nations against other nation, focusing on how to destroy each other in their business and financial matters. Lord Jesus only your compassionate heart can heal them.

Res: We pray for peace harmony

2. Pray for peace and harmony in our country

Lord we surrender our country into your hands. Poverty has overtaken more than 50% of people. Suffering from starvation and sickness has caused suicide at different parts of our country. Lord grant us awareness of your peace, so that we may be able to serve the poor. **Response.....**

3. Pray for peace and harmony among the youth.

Many of our youth roaming like sheep without shepherd. Many are in good position and some are living unhealthy way of living with drugs that leads them to suffer mentally and physically. God Holy spirit fill these wavering youth with the gifts peace so that there may be harmony among them and their families. **Response.....**

4. Pray for peace and harmony in the families

The wide spread sickness has caused tension, worry, depression and disunity in many families. Only the Word of God can save them. Jesus you are comforter of the afflicted. Be their support, so that they may experience your peace and harmony in their family. **Response.....**

5. Pray for peace and harmony among the leaders of our country.

There is unlimited injustice and corruption has inflicted on the people by the leaders. People are not given their due right. Poor are neglected, rejected and are not provided their promised help. Lord open the eyes of these leaders so that they may be touched by your sympathetic heart. **Response.....**

6. Pray for peace and harmony among priests and religious.

Priests and religious are called by God to fulfill his mission. Their initial enthusiasm with which they begun life slowly gets diminished. They fall prey to cardinal sins, struggles and suffering. It is due to lack of prayer and faithfulness to their vocation. We pray for such priests and religious that they may regain gifts of the Holy Spirit and be united to Jesus. **Response.....**

Sr. Mary Lucy SSpS